

10 May 2009, AM, first session of sadhana

Due to the merits collected by me from beginningless rebirths and all the merits collected in the past, present, future by numberless sentient beings, buddhas and bodhisattvas, may I quickly achieve full enlightenment in this world. In order to benefit all migrating beings be able to reveal the Dharma and liberate the sentient beings quickly who are tormented by so many sufferings.

Due to all the past, present, future, three time merits collected by numberless sentient beings, including bodhisattvas and buddhas, in all the lifetimes may oneself and one's own family members, all the students, all the staff of the organization, centers, so many who are abiding in different parts of the world who bear so many hardships offering service to the FPMT for the benefit of sentient beings, and all those whose names were given to me to pray, and of course everyone here at IVY, Nalanda, those who are doing service for this retreat, to us, have a pure caste, have clear wisdom and be without pride, have great compassion, and devotion and respect for the gurus, and abide in the samaya of Chenrezig. May we become only like you Compassionate Eyed Looking One, like your pure land, holy name, entourage, in all lifetimes. By having praised you and made requests, wherever, in universe, world, country, area, house we abide, all the sentient beings who are abiding in this universe, world, country, area, house, may all their sickness, spirit harm or possession, poverty, fighting, quarrels, be pacified, also dangers of fire, water, air, earthquakes, economic problems, pig flu, precious pig flu, may all this be pacified immediately. May all the Dharma in us be increased, the Dharma of scriptural understand and realizations of the path to enlightenment, especially bodhichitta, in the hearts of all sentient beings. And auspiciousness, with bodhichitta everything becomes successful, all wishes are fulfilled, everything to be auspicious. All the three times merits collected by myself, sentient beings, buddhas, and bodhisattvas, may the bodhichitta be actualized in the hearts of oneself and all the rest of sentient beings, and in whose heart bodhichitta is generated may it increase over and over.

I must achieve enlightenment for the sake of all sentient beings therefore I am going to make food offering. Purify all the food in the kitchen, it becomes nectar. The syllable BHRUM becomes expansive jeweled vessel, in it OM, becomes nectar. Offer to Guru Chenrezig, one's own guru, buddhas, Dharma, sangha, statues, stupas, etc. generates infinite bliss in the holy mind. thank you, please enjoy the nectar.